

VALUES ASSESSMENT

HOW IT WORKS

This powerful values assessment will help you:

- Get clarity around what are your top values.
- Assess how you are living and honoring each value.
- Understand if your friends, your work environment, your family are respecting your values or not.
- Find out if you're walking the talk & truly honoring your values.

Open the PDF labeled Values Assessment & follow these steps and increase your self-awareness today.

- On the first column labeled "Value Rating": Rate each value on a scale 1 to 10 based on its importance in your life.
- On the 2nd column labeled "Action Rating": Rate each value based on how you are currently living out the value. Are you walking the talk? Are you honoring your values? This will bring clarity and will make it easier for your to live your life honoring the values that are important to you.

ARE YOU READY TO THRIVE IN YOUR LIFE?

FEEL ENERGIZED. BE UNSTOPPABLE.



STÉPHANIE VIRCHAUX
ELI-MP, MBA

Do you feel like your values are constantly being disrespected?

If you are eager to learn how to approach a situation or person that disrespects your values, let's talk and have a powerful conversation in which you will learn why this happens and how to approach it.

Take action today, email me at empower@stephanievirchaux.com and I will block an hour for you on me. Don't wait another day to take control of your life.

Feel Energized. Be unstoppable.

WWW.STEPHANIEVIRCHAUX.COM/BEUNSTOPPABLE

